



Show and Tell :
a platform for self-
expression, a tool
to hone
organization skills
and a way of
interaction and
communication
with others.

You may come across an object or a scene in your living and let it go pass by before your eyes. But if you care to take a look at the object or the scene for 1 minute, you may be inspired by the hidden clues, and your mind and soul can be nourished.

Eltforward/ 2025/ Issue 4/ September

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SHOW & TELL SERIES: A MATTER OF CHOICE

DR CECILIA CHU

Travellers chose to be standing in wind and rain, for the purpose of waiting for a moment to see the Heaven Lake revealed when the fog drifted away.



Changbaishan, Jinlin,
China. August 2025

"Changbaishan Tianchi (Heaven Lake) is located at the top of the main peak's volcanic cone of Mount Changbai, the source of the Songhua River, and is a must-see attraction of the Mountain.



Cheung Pak
Mountain,
Jinlin, China.
August 2025

Workers have no choices: Keep working in rain and wind for the sake of rice bowls and the tourism economy.



Two cocks and
one hen.

“I really cannot
make up my
mind. Both of you
are so cocky and
handsome.”

A souvenir from Cheung Pak
Mountain, Jinlin, China.



A mental exercise on making choices

- Which way do you adopt to choose the pattern you like:
 - a. Eliminate those undesirable ones first or
 - b. Jump at the one that catches your eyes?
- One thing for sure:
You do not aim at choosing the pattern you dislike, do you?

An artistic coaster from Hu Nan Province, China. June 2025

Bowl noodles:

Passengers' popular choice of lunch in the trains of High Speed Rail in China.

Time, price and convenience come before the health factor. A bad choice.

Harbin, China. August 2025

